



# How Our Body Works

Use Cordova Smart Class Software on the smart board in class to make learning enjoyable.

Our body is a living machine. It has two types of organs – **external** and **internal**. Organs are parts of our body.

External organs are those that can be seen.

You already know about the external organs.

Now, look at the picture given below and label it. One is done for you.



## DO YOU KNOW?

- Some parts of our body do not have any bones. They are tongue, eyelids and lower part of the ear.
- An elephant's trunk has no bones!

(Use Cordova Smart Class Software on the smart board in class to do these exercises)



### PRACTICE EXERCISE - SECTION A

#### A Tick (✓) the correct answers.

- Lungs help us to  
(a) talk  (b) eat  (c) breathe
- Which is not an internal organ?  
(a) nose  (b) brain  (c) kidney

#### B Think and write.

Which organ is used to

- breathe ..... *lungs* .....
- pump blood to all parts of the body ..... *Heart* .....
- digest food ..... *stomach* .....
- think ..... *Brain* .....

#### C Circle the odd one in each group.

- tiger      heart      brain      lungs
- tongue      eyes       tree      ears



### PRACTICE EXERCISE - SECTION B

(Use Cordova Smart Class Software on the smart board in class to do these exercises.)

#### A Tick (✓) the correct answers.

- After we swallow our food, it goes into our  
(a) brain  (b) stomach  (c) lungs

2. Our body is a ..... machine.  
 (a) living  (b) non-living  (c) working
3. What should you learn from bones and muscles?  
 (a) We should work together.   
 (b) We should fight with each other.

Value Corner

**B Answer the following questions.**

1. Name four internal organs of the body.  
 brain....., lungs....., s. stomach....., heart.....,
2. Name the two internal organs found in the chest.  
 ....Heart....., ....lungs.....
3. How are bones and muscles useful for us?

**C Complete the words with the help of the given picture clues.**



**ACTIVITY**

- A. Keep your hand on the left side of your chest. You can feel your heartbeat. No jump ten times as fast and as high as you can. Feel your heartbeat now. Is it fast or slow? Find out why.
- B. Try to sneeze with your eyes open ! You will not be able to do it! Try as hard as you can.